



GETTING READY TO LEARN

Bubbles!

It is hard to resist playing with bubbles! Your child is most likely to start reaching for them immediately...

stretching, hitting, jumping and turning.

Playing with bubbles also encourages turn taking, eye-contact and hand-eye co-ordination.

As children reach to catch or burst bubbles they often cross the 'midline', which help develop pathways in the brain which are important for various motor and cognitive (thinking) skills.



Sometimes blowing into a straw is the best way to start - it is not always considered polite to blow bubbles in drink but is lots of fun!

Blowing bubbles is also a great activity to help children develop the muscles in the mouth that are needed to speak.

The movements needed to make sounds e.g. " p, b, m, n, h, y, (yes), d, w, " can be practised, helping children's speech.



We would love to hear more of your ideas, or perhaps you could send us some photos of your bubble-play!

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Bubbles can also be easily made at home. Mix together...

- 🔗 1 cup of water
- 🔗 1 tablespoon washing-up liquid

...there you have it, your very own bubbles!