

When I talk and play, take my dummy away!

Giving up my dummy

- Helps me talk to you using clear sounds and words.
- Helps my teeth grow straight.

Dummies at this age may have become a habit and are no longer needed as a comforter.

The longer you leave it the harder it will be! Never dip a dummy in anything sweet!

Tips from parents

- “I take it out when she is playing”
- “I made a clean break, stuck at it and didn’t give it back”
- “Give it to the Dummy Fairy”
- “Singing songs and nursery rhymes helped distract him”
- “My child swapped it for a small toy”

